

CERTIFICATE

OF PARTICIPATION

This is to certify that

Louise Middlemiss

Has successfully participated & completed the

18km Adventure Included: Kingskloof Paradise Trail

held at Kings Kloof.

TIME 03:21:25

PACE 11:10/km

OVERALL 55 of 57

GENDER 21 of 23

40 - 49 11 of 11

13 October 2018, Sat

Date



BoutTime

Signature